

It's a *Piece of Cake!*

Know Your Family History

Maternal Grandfather:

- Cancer(s): _____
- Heart Disease/Heart Attack
- High Blood Pressure
- High Cholesterol
- Diabetes
- Obesity
- Smoking
- Other: _____

Maternal Grandmother:

- Cancer(s): _____
- Heart Disease/Heart Attack
- High Blood Pressure
- High Cholesterol
- Diabetes
- Obesity
- Smoking
- Other: _____


Paternal Grandfather:

- Cancer(s): _____
- Heart Disease/Heart Attack
- High Blood Pressure
- High Cholesterol
- Diabetes
- Obesity
- Smoking
- Other: _____

Paternal Grandmother:

- Cancer(s): _____
- Heart Disease/Heart Attack
- High Blood Pressure
- High Cholesterol
- Diabetes
- Obesity
- Smoking
- Other: _____

Celebrate your health!

Baton Rouge General cares about your health and encourages you to learn more about your family health history. Having regular visits and conversations with your doctors is the best way to manage and maintain your health care. Share this information at your next annual visit with your physician. See your physician. Know your family history. 

Mother:

- Cancer(s): _____
- Heart Disease/Heart Attack
- High Blood Pressure
- High Cholesterol
- Diabetes
- Obesity
- Smoking
- Other: _____

Father:

- Cancer(s): _____
- Heart Disease/Heart Attack
- High Blood Pressure
- High Cholesterol
- Diabetes
- Obesity
- Smoking
- Other: _____

Me:

- Cancer(s): _____
- Heart Disease/Heart Attack
- High Blood Pressure
- High Cholesterol
- Diabetes
- Obesity
- Smoking
- Other: _____

Sibling:

- Cancer(s): _____
- Heart Disease/Heart Attack
- High Blood Pressure
- High Cholesterol
- Diabetes
- Obesity
- Smoking
- Other: _____

Sibling:

- Cancer(s): _____
- Heart Disease/Heart Attack
- High Blood Pressure
- High Cholesterol
- Diabetes
- Obesity
- Smoking
- Other: _____